

BLASTBALL LEAGUE RULES

FALL 2025 & SPRING 2026



GENERAL RULES

1. Game Length 1 hour, or 3 innings (whichever expires first)
2. No Score, everyone is a winner at this age
3. Max of 3 badged coaches/assistants from each team allowed on the field at one time
4. Foam ball and foam bat are the only bat and ball used
5. Home team is responsible for set up of the field
6. No cleats to be used
7. Head coaches are to self-umpire the game
8. Gloves are optional at this age, and not required

BATTING RULES

1. Batter is allowed (6) attempts to hit the ball off the tee
2. Batter must hit the ball past the 10' marker to be fair play
3. All players will bat every inning and must rotate batting order every inning (1-10 then 10-1)
4. After a successful at bat, the batter must run to the squeaky first base
5. After reaching first, batter is to return to the dugout
 - a. continuing to 2nd and 3rd can be discussed and agreed upon before game start between both head coaches

FIELDING RULES

1. All players must stay behind the pitcher mound until contact is made with the ball
2. Once ball is hit in play, fielders are to retrieve the ball, hold it up and yell "BLAST"
3. After "BLAST" is called out, the ball is then returned to the home plate coach